



TEXAS 2023

FLCA ANNUAL CONFERENCE

PROGRAM

THEME: _____

Expanding our reach:

Understanding and implementing family
life coaching across socio cultural contexts

July 6 - 8, 2023

www.flcassociation.org

A desk setup on a light blue background. In the center is a white spiral-bound calendar showing 'DAY 1' and 'Friday July 7, 2023'. To the left of the calendar are a pair of black-rimmed glasses and a small green succulent in a white square pot. To the right of the calendar is a white ceramic mug, a blank white card, and two silver paper clips.

DAY 1
Friday July 7, 2023



■ **Arrival & Registration** - 7:30 am - 8:50 am





■ **National Anthem** - 8:55 am - 9:00 am



- **Welcome Address** – Susan Holt, FLCA Chair - 9:00 am - 9:15 am



■ **Yoga Meditation/Mindfulness**

Anchored by: Kyle Dean - 9:15 am - 9:30 am



■ **Tea Break** – 9:30 am - 10:00 am



- **Conference Team Overview** – Praise Fowowe
– 10:00 am – 10:20 am

PANEL SESSION



Christi Howard



Tiffany Burnette



Dr. Kimberly Corson



Dr. Margaret E. Machara

- **Panel Session:** Family Life Coaching: The Intersection between Academia, Entrepreneurs and Innovators.
- **Moderator: Christi Howard.**
- **Panelists:** Tiffany Burnette, Dr. Kimberly Corson, Dr. Margaret E. Machara - 10:20 am -11:10 am



- **Keynote 1 - Coaching, Counselling and the Science of Behaviour Change**
– **Dr. Janet R. Bezner**, PT, DPT, PhD, FAPTA - 11:15 am -12:00 noon



■ **Q and A** – 12:00 noon – 12:10 pm



■ **Lunch** (Lunch Provided) – 12:15 pm -1:10 pm



■ **Documentary** – 1:10 pm -1:20 pm



- **Session - Neurodiverse Affirming Practices for Coaches**
 - Michelle Sacksteder – 1:20 pm - 2:00 pm



■ **Q and A** – 2:00 pm -2:10 pm



**Creating & Amplifying;
Organizing Your Content To Create
Off - And On-Line Programs
And Products**

- Jody Johnston Pawel, LSW, CFLE, CTSS



**Leveraging Social Media And
Tech To Scale Your Practice**

– Temi Ajibewa

■ **Break Out Sessions** - 2:10 pm – 2:50 pm



■ **Practical Hands-On Social Media Workshop**

- Temi Ajibewa

Optional Workshop - 3:00 pm - 4:00 pm



DAY 2
Saturday July 8, 2023



■ **Arrival and Day 1 Recap** - 9:00 am -9:15 am



■ **Tea Break** - 9:15 am - 9:30 am



Dr. Kimberly Allen



Dr. Autumn Cano-Guin



Dr. Margaret E. Machara

- **Fireside Chat: FLCA Coaching Certification Update**
– 9:30 am - 10:00 am



■ **Documentary** – 10:00 am – 10:15 am



- **Keynote 2- Building a Successful Family Life Coaching Business across Sociocultural Contexts** - Liezel Lane, M.Sc
- 10:15 am -10:55 am



■ **Q and A** – 10:55 am - 11:05 am

PANELISTS



***Christi
Howard***



***Dr.
LuzDalia
Sanchez***



***Nnenna
Ben-
Ekechukwu***



***Susan
Holt***



***Jennifer
James***

■ **Panel Session: Coaching and Cultural Realities: Becoming a Global Family Life Coach (North America, South America, Africa & Asia)**

Moderator: Christi Howard

Panelists: Luz Dalia Sanchez, Nnenna Ben-Ekechukwu,
Susan Holt & Jennifer James

11:05 am - 12:15 pm



■ **Lunch** (Lunch Provided) – 12:15 pm - 1:05 pm



■ **Keynote 3: Growing a Program to Serve
Underserved Audiences**

- Dr. Andrew Behnke - 1:05 pm -1:45 pm



■ **Q and A** -1:45 pm - 1:55 pm



*The AI disruption
and the future
of coaching*
– **Subomi Plumptre**



*Why Youth
Coaching is
Critical Now*
- **Dr. Leah Mazzola**

■ **Break Out Sessions** - 1:55 pm – 2:35 pm



- **Final Session - Preparing future coaches to enter the field**
 - Dr. Autumn Cano-Guin - 2:35 pm - 3:35 pm



■ **Q and A** – 3:35 pm - 3:45 pm



■ **Casual Networking & Tea Break** - 3:45 pm - 4:15 pm

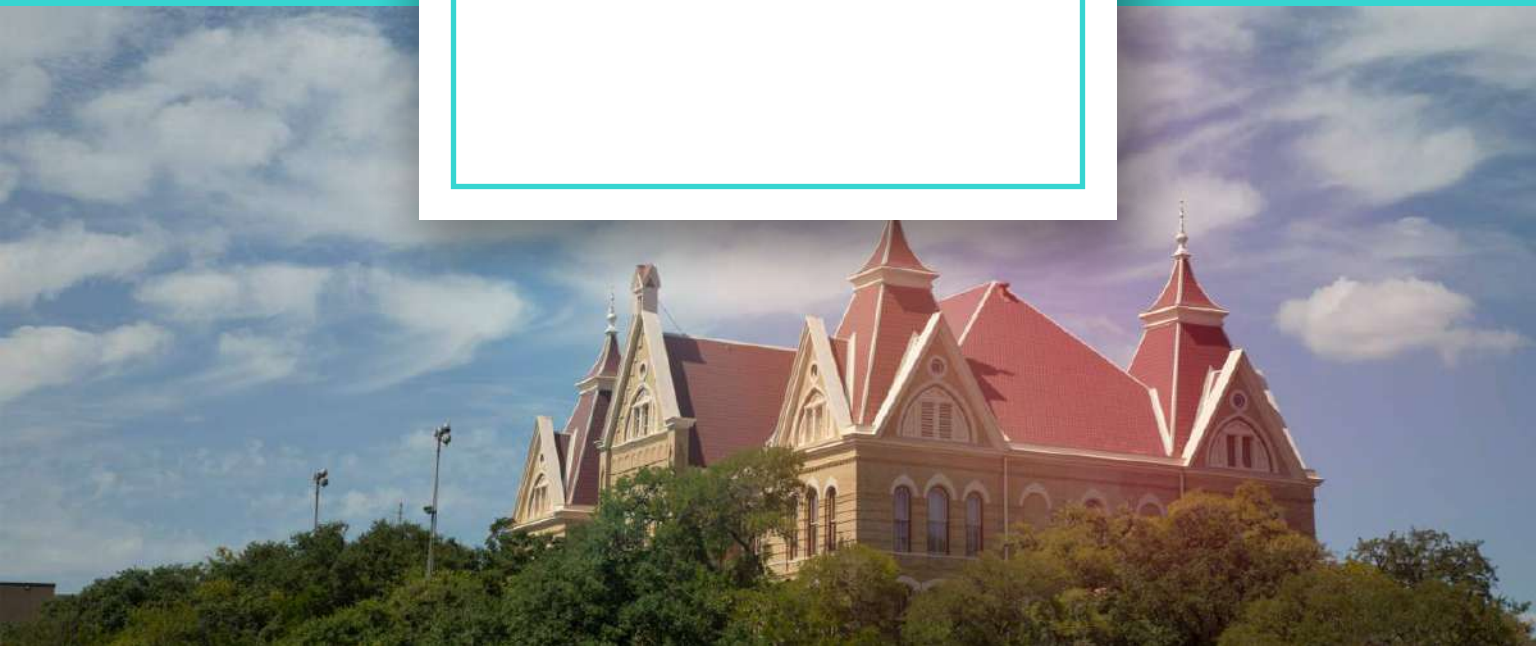


■ **Closing Remarks** – 4:15 pm – 4:25 pm



■ **Vote of Thanks** – 4:25 pm - 4:35 pm

Thank
You



Thank You

ON BEHALF OF THE FLCA LEADERSHIP TEAM, WE WOULD LIKE
TO THANK EVERYONE THAT WORKED TIRELESSLY TO MAKE
THE CONFERENCE A SUCCESS.

**REGISTER TODAY TO BECOME A MEMBER OF FLCA AT
WWW.FLCASSOCIATION.ORG!**

Note Space

JOT DOWN ONE THING YOU WANT TO
LEARN MORE ABOUT, THE NAME OF ONE PERSON
YOU WANT TO CONNECT WITH, AND ONE GOAL
AS A COACH FOR THIS MONTH