

Certified Family Life Coach **Course**

Application

A credential in this category means a student who has successfully completed the specific course has met the requirement for specific standards identified in the coaching techniques or family science section. Please note this application is for one course only.

Course certification is good for **five years**. A report is due after each year. After the fifth year, materials must be resubmitted demonstrating they are still covering the identified requirements. However, any programming or person of contact changes during that five years must be communicated with FLCA in the annual report.

If you have any questions, email the Standards Committee at info@flcassociation.org. Please put "Program Certification Questions" in the subject line.

* Indicates required question

1. Email *

2. College, School or Business (as appropriate): *

3. City/State: *

4. Country: *

5. Name of Contact Person:

*

(*Contact person must be a current CFLC, CFLC-P or CFLC-E.

If you have any questions, email the Standards Committee at info@flcassociation.org.

Please put "Program Certification Questions" in the subject line.)

6. Contact person's phone number: *

7. Contact person's email address: *

8. Name and email of secondary contact person at the organization (if applicable)

WHAT'S NEXT?

Your completed application will include:

- Completed Specific Course Section
- Application fee

WAIT, I'M CONFUSED!

Here are some helpful resources for you to reference as you go through the application:

- [Supplemental Materials](#)
- [FAQ's](#) (scroll down to the bottom of the webpage)

Requirements Met for Certified Family Life Coach Program

- Please indicate which requirements your course will meet
- Please include the course description and syllabus for the course identified
- If your course description or syllabus are not clear as to how they address the standards below, include module or meeting outlines that show content covered, assignments, and contact hours

See more details about what is covered for each standard in [Supplemental Materials](#).

9. Name of Course (complete a separate application for any additional courses, if applicable): *

10. *Please upload the course description, syllabus, or module/meeting outlines for the course identified (PDF's only).* *

Files submitted:

11. Please indicate any standards from the **Family Science** section that your course meets (if any). *

Check all that apply.

- ☐ Foundational: Family Theories
- ☐ Foundational: Human Development Across the Lifespan
- ☐ Foundational: Family Development/Change Process
- ☐ Dynamics: Internal Family Dynamics
- ☐ Dynamics: Social and Global Impact on Families
- ☐ Dynamics: Family Resource Management
- ☐ Professional: Ethics in Family Science
- ☐ Professional: Professional Conduct and Practice
- ☐ Professional: Experience Working with Families (see supplemental materials for details)
- ☐ My course does not cover Family Science standards.

12. Please indicate any standards from the **Coaching Techniques** section that your course meets (if any). *

Check all that apply.

- ☐ Foundational: Coaching Models and Theories
- ☐ Foundational: Comply with Coaching Ethics and Standards According to FLCA
- ☐ Foundational: Training and Skill in FLC
- ☐ Foundational: Understand the Relationship between FLC and Other Family Sciences
- ☐ Coaching Relationship: Communicate the Purpose of FLC Effectively to Clients
- ☐ Coaching Relationship: Establish Coaching Agreement
- ☐ Coaching Relationship: Articulate Coach and Client Responsibilities and Expectations
- ☐ Coaching Relationship: Maintain a Physically and Emotionally Safe Coaching Environment
- ☐ Coaching Relationship: Refer Clients to Other Professionals as Needed or Requested
- ☐ Coaching Process: Maintain Client-Driven Coaching Sessions
- ☐ Coaching Process: Establish Trust and Rapport
- ☐ Coaching Process: Display Empathy, Interact Positively, and Withhold Judgment
- ☐ Coaching Process: Ask Powerful Questions to Create Awareness for Clients
- ☐ Coaching Process: Engage Client in Setting Goals and Creating Plans to Move the Client Forward
- ☐ Coaching Process: Help Client Identify and Resolve Obstacles
- ☐ Coaching Process: Aid Client in Moving Forward
- ☐ Minimum of 3 hrs. mentored (directly observed by instr.) coaching experience (video, 1-1, &/or group)
- ☐ Minimum of 7 hrs. supervised (discussed with instructor) coaching experience
- ☐ My course does not cover any Coaching Techniques standards.

Payment

The application fee for a Certified Family Life Coach Course is \$400. Please process payment here: [Application payment](#)

13. I have submitted my application payment *

Mark only one oval.

- ☐ Yes
- ☐ No, but I understand my application will not be reviewed unless payment is made by the due date.

14. I have uploaded my Course Attachment *

Mark only one oval.

☐ Yes

☐ I think so. I plan to email FLCA with question(s) about additional documents (info@flcassociation.org).

Thank you!

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